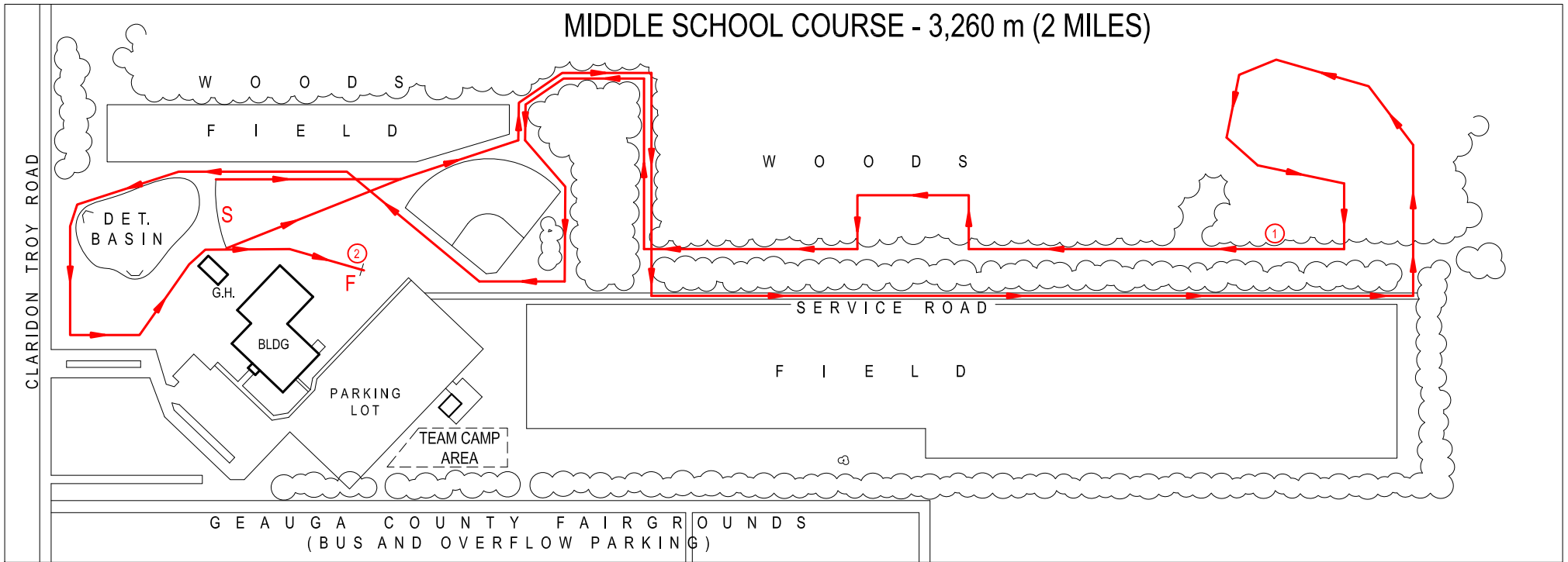


MIDDLE SCHOOL COURSE - 3,260 m (2 MILES)



HIGH SCHOOL COURSE - 5,000 m (3.1 MILES)

